

Course Curriculum

Getting Started

Clean Language Essentials For Coaches Workbook

1: Gaining Clarity

How to use Clean Language to get crystal clear about what someone else knows

2: Exploring Unknown Knowns

How to use Clean Language to elicit information people have, but don't know that they know

3. Changing Emotional States

How Clean Language Questions can change someone's mood, quickly

4. Motivating Changes

How to use Clean Language to motivate a client to make a change

5. Enhancing Relationships

How you - and your clients - can use Clean Language to connect deeply with other people

6. Action-Focussed Feedback

How to give, and receive, feedback that leads to change by using Clean principles

Audio Files: for those who prefer to listen rather than watch